

# GLOSARIO FERENCZIANO INGLÉS.

## R

### **RECKONING** (*Rechnen*)

The psychic process of negotiating between unconscious determinations and conscious will-directed intentions in the world. The term carries connotations of haggling over bills and precarious distinctions between subjective impression and objective 'fact'. As such, one constantly has to 'reckon' with both inner and outer worlds; one has to argue one off against the other to establish known ground on which to assess the effect of action.

### **RELAXATION TECHNIQUE** (*Relaxionsprinzip*)

The second phase of 'active technique', introduced in 1925, which suggests nurturing and calming exercises in analysis to contrast with the prohibitions of the earlier phase. Relaxation technique is particularly recommended with patients who have suffered early infantile trauma.

*Volver Glosario Ferencziano Español*  
*Volver Glosario Ferencziano Inglés*  
*Volver Glosario Ferencziano Francés*